



## Semester 1 TF541 – First Unit (Meal Magic)

Through the use of books, videos and the web the students will look at the different stages of design. They will be taught about nutrition and how to make good choices when making meals and snacks. Correct and safe use of kitchen tools, cooking terms and safety in the kitchen will also be taught. Students will prepare a variety of healthy snacks, main dishes and beverages based on the Australian guide to healthy eating and nutritional guidelines.



### Assessment

Assessment will be in the form of a theory test on kitchen equipment and uses, nutrition and cooking terms. A practical test at the end of the semester will be used to assess practical skills in the kitchen.

## Semester 1 TF641 Multicultural Food & Lifestyle Diseases (continuing students only)

Through the use of books, videos and the web the students will look at multiculturalism in Australia. This unit will give students an opportunity to celebrate and respect diversity in cultures and individuals. In addition students will be taught about lifestyle diseases and examine how a good diet plays a significant role in the prevention of diseases.



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### Assessment

Assessment will be in the form of weekly continuous practical assessment and a design challenge to develop a food product suitable for a chosen lifestyle disease as part of a magazine research feature article. A theory and practical exam will also form part of the assessment

## Semester 2 TF642 How Entertaining! (continuing students only)



This unit will focus on current food service and catering opportunities. Students will learn to prepare and present some popular menu items. As part of their study, students will carry out food experiments to determine chemical changes in food with an emphasis on desserts.



## Assessment

Assessment will be in the form of a design challenge recipe, final presented product and an accompanying design folio. Weekly continuous cooking class sessions will also form part of the assessment. A theory based written exam will form part of the assessment.

